

President
International Union of Hand-to-Hand Combat



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Vice President International
Hand-to-Hand Combat Association



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REGULATIONS

for the World Championship in Hand-to-Hand combat
Men and Women (fight and «demo-fight»)

1. GENERAL PROVISIONS

The World Championship is held with the aim of developing hand-to-hand combat in the world and strengthening friendly ties between athletes from different countries.

Sports competitions are held according to the rules of the International Hand-to-Hand Combat Association (IHCA).

2. PLACE AND DATES OF THE EVENT

Place: Kyrgyz Republic, Bishkek

Dates: from May 15 to May 20, 2026.

3. ORGANIZERS

The organization and holding of the World Cup (stage) are carried out by:

- International Hand-to-Hand Combat Association; (IHCA);
- International Union of Hand-to-Hand Combat (IUHC);
- Directorate of Non-Olympic Sports of the Kyrgyz Republic.
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4. PARTICIPANTS

Men and women over the age of 18 are allowed to participate. The age of the athletes is determined for all days of the competition.

The team consists of: representative – 1 person, coach 2 persons, referee, athletes. No more than 3 athletes from the National team are allowed to participate in each weigh category.

The national team of the Kyrgyz Republic has the right to field a double team.

5. THE PROGRAM

May 15

Arrival, accommodation of athletes and teams.

May 16

from 2 p.m. to 6 p.m. - admission commission, accreditation, weighing and medical control of participants, draw;

from 3 p.m. to 6 p.m. - the international seminar of hand-to-hand combat referees.

May 17

from 10 a.m. to 7 p.m. – opening ceremony, fights in all weight categories.

May 18

from 10 a.m. to 7 p.m. - fights in all weight categories, awarding ceremony.

May 19

from 10 a.m. to 7 p.m. - fights in all weight categories, awarding ceremony.

May 20

Departure of the teams.

6. COMPETITION SYSTEM

Sports competitions in the "fight" section are personal with the summing up of the team championship among the countries and are held in the following weight categories:

Men (over 18 years old): 52 kg, 57 kg, 62 kg, 67 kg, 73 kg, 80 kg, 88 kg, 97 kg, 97+ kg.

Women (over 18 years old): 48 kg, 53 kg, 58 kg, 64 kg, 70 kg, 70+kg.

The sports competitions in the "demo-fight" section are personal with the summing up of the team championship among the countries and are held in the following weight categories:

Men (over 18 years old): 62 kg, 73 kg, 88 kg, 88+ kg, absolute weight category (for persons over 50 years old)

Women (over 18 years old): 58 kg, 58+ kg.

7. AWARDS

The participants who win prizes (first, second and two third places) in each weight category are awarded with medals and diplomas.

The teams that take prizes (first, second and one third places) are awarded with the Cup and diploma.

Additional prizes from sports competition partners are awarded to the best athletes, coaches, and referees.

8. TERMS OF FINANCING

The International Hand-to-Hand Combat Union, the International Hand-to-Hand Combat Association, the Directorate for Non-Olympic Sports of the State Agency for Physical Culture and Sports under the Cabinet of Ministers of the Kyrgyz Republic, and the Hand-to-Hand Combat Federation of the Kyrgyz Republic provides financial support for sports competitions.

The costs of sending teams (travel expenses, accommodation and meals) at the expense of their sending organizations.

The application fee for participation is \$ 40 (forty US dollars). Payment is made on the day of the weigh-in on May 16, 2026.

9. APPLICATIONS FOR PARTICIPATION

Confirmation of participation, indicating the number of athletes, representatives, coaches and referees, arrival and departure time to (from) Bishkek, is sent to the Organizing Committee by e-mail till May 5, 2026: ih2hca@yandex.ru

Athletes are not allowed to compete without prior application. Delegations are required to submit to the admission commission through their representative: identification documents of members of athletes and referees, Originals of their Accident, life and health insurance policies, the national flag and the anthem.

10. ACCOMMODATION

The accommodation of foreign sports teams is carried out in an accredited hotel only at the expense of their sending organizations.

The application lists for accommodation are sent by e-mail ih2hca@yandex.ru

This Regulation on Competition is an official Invitation to the World Championship.

To receive visa support and for the general questions, contact to the Organizing Committee by e-mail:

ih2hca@yandex.ru

daniar881@mail.ru

THE ORGANIZING COMMITTEE